



# MATSURU DUTCH OPEN ESPOIR



11 & 12 January 2025



Matsuru Dutch Open Espoir 2025 <i>Weighing and Contest times</i>	Weigh rounds			Starting time* contests	
	Friday 10 Jan	Saturday 11 Jan	Sunday 12 Jan	Saturday 11 Jan	Sunday 12 Jan
Category					
-18 year Men -46, -50, -55, -60, -66, 73 kg	19:45 – 21:00	07:30 - 08:45		09:30	
-18 year Men -81, -90, +90 kg	19:45 – 21:00	11:15 - 12:15		13:00	
-18 year Women	19:45 – 21:00	11:15 - 12:15		13:00	
-15 year Men		16:00 - 17:15	07:30 - 08:45		09:30
-15 year Women		16:00 - 17:15	09:00 - 10:00		10:45
-21 year Men		16:00 - 17:15	10:00 - 11:00		11:45
-21 year Women		16:00 - 17:15	12:30 - 13:30		14:15

*\*this means: be ready to start.*

## Notes:

- A judoka is not allowed to visit 2 weigh rounds.
- Per weigh round, a maximum of 2 visits per judoka is allowed.
- Test weigh-ins are not provided.
- If the actual weight does not meet the declared weight category, it is allowed, with a € 5 administration fee, to register for another weight category.
- All times are in Central European Time.
- It is not mandatory to have a blue kit.
- An IJF approved suit is not mandatory.